



Resilience, independence and self-esteem – a 3 to 5-year-old focus

We all recognise the importance of developing children's social and emotional resilience. The ability to deal with difficult and sensitive issues in a constructive way, coping with challenges and changes and developing a bank of personal emotional strengths are essential to a happy and healthy life.



This workshop will focus on:

- defining resilience and the impact it has on development
- building children's capacities and confidence
- the role of teachers educators and parents in building resilience
- developing effective practice and strategies to build resilience
- how to work in partnership with parents to build children's resilience.

When: Monday June 19th, 9.30am – 2.30pm

Where: Eastern Hub Geelong, 285a McKillop Street, East Geelong. Free parking on site.

or

When: Wednesday August 16th, 9.30am – 2.30pm

Where: Quest Caroline Springs, 234 Caroline Springs Boulevard, Caroline Springs. Free parking on site.

Cost: \$175 Members \$250 Non Members

LINKS TO AUSTRALIAN PROFESSIONAL STANDARDS FOR TEACHERS

KNOWLEDGE

1.1

PRACTICE

3.3, 3.5

ENGAGEMENT

6.3, 6.4

LINKS TO NATIONAL QUALITY STANDARD

QA1

EDUCATIONAL PROGRAM
AND PRACTICE

QA2

CHILDREN'S HEALTH
& SAFETY

QA5

RELATIONSHIPS WITH
CHILDREN

QA6

COLLABORATIVE PARTNERSHIPS
WITH FAMILIES AND COMMUNITIES



ABOUT THE PRESENTER

Jo Lange has worked for 18 years as a behaviour specialist, after a career of over

30 years as an educator in a diverse range of settings including TAFE, primary, and youth risk programs. She has also worked in community education, both in welfare areas, such as the alcohol and drug sector, as well as the disability services area. She holds a Dip Ed Teaching (Prim), Grad Dip Ed Studies (Lang & Lit) and a B Ed Studies (Teacher of the Deaf). Jo undertakes a diverse range of workshops and seminars on managing difficult behaviours, self-esteem building and resilience, along with building better teams, and pastoral care for staff.

Register on-line at www.elaa.org.au/pld or call (03) 9489 3500.

Prior registrations are essential. Please sign in 15 minutes prior to the commencement of a session.