



Strategies to include physical education and wellness in the 1–5 years program

This session will provide the participants with the confidence, ideas and knowledge to help them implement physical educational games, activities and experiences within a range of children's services.



The session:

- outlines and dissects the need for children to engage in physical education in an early learning setting and how we link back this to EYLF
- identifies how and when we can do this within our program
- explores equipment we use to conduct physical education experiences and the variations in which we utilise these
- demonstrates and workshops resources we can make to use in our own early learning setting.

When: Wednesday June 14th, 6.30am – 9.00pm

Where: Manningham City Council, 699 Doncaster Road, Doncaster. Free parking on site.

or

When: Wednesday August 9th, 6.30am – 9.00pm

Where: Darebin North East Community Hub, 35 Copernicus Crescent, Bundoora. Free parking on site.

or

When: Wednesday November 1st, 6.30 – 9.00pm

Where: Quest Caroline Springs, 234 Caroline Springs Boulevard, Caroline Springs. Free parking on site.

Cost: \$80 Members \$95 Non Members

LINKS TO AUSTRALIAN PROFESSIONAL STANDARDS FOR TEACHERS

KNOWLEDGE

1.1, 1.5

PRACTICE

3.3

ENGAGEMENT

6.4

LINKS TO NATIONAL QUALITY STANDARD

QA1 EDUCATIONAL PROGRAM AND PRACTICE

QA2 CHILDREN'S HEALTH & SAFETY

QA3 PHYSICAL ENVIRONMENT



ABOUT THE PRESENTER

Paul Pennisi has extensive experience in early learning – particularly regarding

physical education in early learning. He started his working life in childcare (1997) as an Educator and holds a Diploma in Childrens Services in addition to a physical education qualification. In 2001 Paul founded *Sports 4 Kinders* – an age appropriate physical educational program specifically designed for children 1 to 6 years old. *Sports 4 Kinders* now develops and delivers sport/physical education programs in over 65 early learning settings across Melbourne. In 2007 Paul was commissioned to write a training curriculum on implementing physical education into the childcare/kindergarten setting. Titled *Kinder Moves*, this accredited training booklet is now distributed through training colleges across Australia.

Register on-line at www.elaa.org.au/pld or call (03) 9489 3500.

Prior registrations are essential. Please sign in 15 minutes prior to the commencement of a session.